

## FOOD SERVING TIMES

**Saturday**  
Food served all day  
Breakfasts 10am - 5pm  
Full menu 12pm - 10pm

**Sunday**  
Food served all day  
Breakfasts 10am - 5pm  
Full menu 12pm - 8.30pm

**Monday - Thursday**  
12pm - 2pm & 6pm - 9pm

**Friday**  
12pm - 2pm & 6pm - 10pm

## STARTERS

Some dishes are available as main course portions please ask for details of how the main courses are served

- SOUP OF THE DAY** 4.95  
served with multiseed bread
- MISTOLIVA AND CRESPO OLIVES** 4.50  
in parsley and garlic oil with fresh bread **V**
- GAME TERRINE** 5.75 **DF**  
with date and pickled walnut relish and fresh bread
- FRESH MUSSELS IN A LEEK AND ASPALL CIDER CREAM** 5.95  
with warm bread  
*Main course served with fries and bread 11.95*
- WILD MUSHROOM GNOCCHI** 5.25 / 9.95  
with wilted rocket and toasted pine nuts **V**
- WARM PIGEON AND SMOKED BACON SALAD** 5.95 / 11.50  
with a balsamic vinegar, honey and thyme dressing **GF DF**
- POTTED HAM HOCK** 5.50  
with sourdough toast, parsley butter and a cucumber and caper salad
- HOME CURED SALT COD** 5.95 / 10.95  
in a light and crispy batter with saffron aioli

## PUDDINGS

- TRIPLE CHOCOLATE BROWNIE** ..... 5.50  
served with vanilla ice cream **V**
- BAILEYS CHEESECAKE** ..... 5.95  
served with dark chocolate ice cream
- AUTUMN BERRY MESS** **V DF** ..... 5.25
- TREACLE AND ALMOND TART** **V** ..... 5.50  
served with custard
- PEAR AND CHOCOLATE CRUMBLE** **V** ..... 5.50  
served with custard
- CARIBBEAN SPICED PINEAPPLE** ..... 5.75  
served with coconut glaze 'ice cream' **GF DF**
- THREE SCOOPS OF ICE CREAM** ..... 4.50  
choose from white chocolate, dark chocolate, vanilla, rum & raisin, salted caramel or strawberry ice cream and lemon, mango or blackcurrant sorbet **V**
- CONTINENTAL AND LOCAL CHEESE SELECTION** ..... 6.95  
with celery, crackers, chutneys and relishes

## MAIN COURSES

- POT-ROAST, CORN-FED CHICKEN SUPREME** 12.50  
with garlic and rosemary roast new potatoes, Chantenay carrots and a smoked bacon, red wine and mushroom sauce
- SLOW COOKED HORSEY MARSH BRISKET OF BEEF** 12.95  
with horseradish mash, braised red cabbage and red wine gravy **GF**
- SWANNINGTON FARM-TO-FORK PORK SAUSAGES AND MASH** 10.50  
with rich onion gravy, roasted root vegetables and Savoy cabbage  
**V** Also available with vegetarian sausages
- HOMEMADE CHICKPEA BURGER** 10.50  
topped with cheddar cheese in a sesame bun with salad, mango mayonnaise, tomato and thyme relish and fries **V**
- CHARGRILLED VENISON HAUNCH STEAK** 16.95  
with Pont Neuf potatoes, buttered kale and green peppercorn sauce
- CLASSIC HOMEMADE UNTHANK BURGER** 10.95  
topped with Cheddar or blue cheese in a sesame bun with mayonnaise, chilli jam and fries  
*Add char-grilled smoked back bacon 1.50*
- BUTTERNUT SQUASH, SWEET POTATO AND SPINACH CURRY** 10.95  
with fragrant pilau rice, onion bhaji, raita and mango chutney **V DF GF**
- RED PEPPER AND GOATS' CHEESE PITHIVIER** 11.50  
with roast new potatoes and basil green beans **V**
- ROASTED PEPPER, AUBERGINE, SHALLOT AND GREEN LENTIL SALAD** 9.95  
with a balsamic dressing **V**
- CRISPY BLYTHBURGH BELLY OF PORK** 12.95  
with cider creamed leeks and wholegrain mustard mash
- CATCH OF THE DAY IN ADNAMS' BATTER** 10.95  
with handcut chips, homemade tartar sauce and minted mushy peas **DF**
- FLAT-IRON STEAK** 16.50  
served medium-rare with a garlic flat mushroom, roasted tomato, salad and fries **DF**

## THE UNTHANK ARMS LUNCH CLUB

Collect 5 stamps and lunch is on us the next time you visit!

Speak to your waiter/waitress for more information

# The Unthank

October 2017

## BREAKFASTS

Monday-Friday 12-2 Saturday and Sunday 10-5

### UNTHANK BREAKFAST 6.75

Sausage, back bacon, fried egg, sautéed mushrooms, grilled tomato, baked beans and fried bread.

### VEGGIE BREAKFAST 6.75

Grilled tomato, veggie sausages, sautéed mushrooms, fried egg, fried bread, baked beans and hash brown **V**

### THE WORKS 8.95

Sausages, back bacon, fried eggs, fried bread, hash brown, grilled tomato, baked beans, sautéed mushrooms and toast.

### SMOKED SALMON & SCRAMBLED EGGS 6.50

on toasted multiseed bread.

### SAUTÉED MUSHROOMS & SCRAMBLED EGGS 5.75

on toasted multiseed bread **V**

## ♥ SIMPLY DELICIOUS ♥

- SHEPHERD'S PIE** ..... 7.95  
with cabbage and roast parsnips **GF**
- CREAMY SMOKED BACON AND MUSHROOM LINGUINI** ..... 7.95
- CHICKEN CAESAR CIABATTA** ..... 6.50  
with fries **DF**
- AVOCADO, ROASTED RED PEPPER AND FETA SANDWICH** ..... 6.50  
with fries
- LEEK AND SPINACH RISOTTO** **V** **GF** ..... 7.50
- PAN-FRIED LAMBS' LIVER AND SMOKED STREAKY BACON** ..... 8.50  
with creamy mustard mash and onion gravy **GF**

## Cocktails

ESPRESSO MARTINI 5.75

**MOSCOW MULE** Pitcher 14.50 Glass 5.50  
Vodka, lime juice and ginger beer

Ask to see our small (but perfectly formed!) cocktail list

## Sunday Roasts

Available Sundays Noon - 8.30pm

Served with carrots, braised cabbage, smashed swede, roast potatoes, parsnips, Yorkshire pudding and delicious homemade gravy

**BLYTHBURGH SHOULDER OF PORK** 9.95

**ROAST NORFOLK CHICKEN WITH STUFFING** 9.95

**SWANNINGTON FARM TO FORK BEEF** 11.50

**HOMEMADE NUT ROAST** 9.95

with vegetarian gravy **V**

**ALL THE MEATS** 16.95

with extra roast potatoes and two Yorkshire puddings

**CHILDREN'S ROAST** 5.95

## EXTRAS

- HANDCUT CHIPS** **V DF** ..... 3.75
- SKINNY FRIES** **V DF** ..... 3.25
- SWEET POTATO FRIES** **V DF** ..... 4.25
- CHIPS WITH MELTED CHEESE** ..... 4.50
- MIXED SALAD** **V DF GF** ..... 3.50  
dressed with lemon juice and olive oil
- ASPALL CIDER CREAMED LEEKS** **V GF** ..... 3.50
- BASIL GREEN BEANS** **V DF GF** ..... 3.50
- BUTTERED KALE** **V GF** ..... 3.75
- BRAISED RED CABBAGE** **V GF** ..... 2.50
- ONION RINGS** **V DF** ..... 2.75
- ONION BHAJI AND RAITA** **V DF** ..... 2.75
- GARLIC CIABATTA BREAD** **V** **a** ..... 3.95
- VEGETABLE SELECTION** **V** ..... 3.50

## > HOT DRINKS <

- |                 |      |                |      |
|-----------------|------|----------------|------|
| ESPRESSO        | 1.75 | COFFEE & CREAM | 2.50 |
| AMERICANO       | 2.00 | MOCHA          | 2.50 |
| DOUBLE ESPRESSO | 2.20 | POT OF TEA     | 2.00 |
| LATTE           | 2.40 | PEPPERMINT TEA | 2.00 |
| CAPPUCCINO      | 2.40 | HOT CHOCOLATE  | 2.50 |

All coffees also available as decaf.

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