

The Unthank

BREAKFASTS

- Monday-Friday 12-2 Saturday and Sunday 10-5
- UNTHANK BREAKFAST** 6.75
Sausage, back bacon, fried egg, sautéed mushrooms, grilled tomato, baked beans and fried bread.
 - VEGGIE BREAKFAST** 6.75
Grilled tomato, veggie sausages, sautéed mushrooms, fried egg, fried bread, baked beans and hash brown.
 - THE WORKS** 8.95
Sausages, back bacon, fried eggs, fried bread, hash brown, grilled tomato, baked beans, sautéed mushrooms and toast.
 - SMOKED SALMON & SCRAMBLED EGGS** 6.50
on toasted multiseed bread.
 - SAUTÉED MUSHROOMS & SCRAMBLED EGGS** 5.75
on toasted multiseed bread.

Sunday Roasts

- Available Sundays/Neon - 8:30pm
- Served with carrots, braised cabbage, smashed swede, roast potatoes, parsnips, Yorkshire pudding and delicious homemade gravy
- BLTYHBURGH SHOULDER OF PORK** 10.95
 - ROAST NORFOLK CHICKEN WITH STUFFING** 10.95
 - SWANNINGTON FARM TO FORK BEEF** 12.50
 - HOMEMADE NUT ROAST** 10.95
with vegetarian gravy
 - ALL THE MEATS** 17.95
with extra roast potatoes and two Yorkshire puddings
 - CHILDREN'S ROAST** 5.95

FOOD SERVING TIMES

- Saturday**
Food served all day
Breakfasts 10am - 5pm
Full menu 12pm - 10pm
- Sunday**
Food served all day
Breakfasts 10am - 5pm
Full menu 12pm - 8:30pm
- Monday - Thursday**
12pm - 2pm & 6pm - 9pm
- Friday**
12pm - 2pm & 6pm - 10pm

STARTERS

- Some dishes can be served as either a STARTER or a MAIN COURSE - see two tier pricing please ask for details of how the main courses are served
- SOUP OF THE DAY** 4.95
served with multiseed bread
 - MISTOLIVA AND CRESCO OLIVES** 4.50
in parsley and garlic oil with fresh bread
 - LOCAL MUSSELS STEAMED IN AN ASPHALS CIDER AND LEEK CREAM SAUCE** 6.50
served with fresh bread
or as a main with fries and bread 12.50
 - WHOLEGRAIN MUSTARD AND HONEY-ROASTED SHALLOT TART** 5.75 / 11.00
with rocket and toasted brown linseed
 - PAN-FRIED CHICKEN LIVER, BETROOT, CHESTNUT AND WATERBRESS SALAD** 5.75 / 10.95
with orange and balsamic dressing
 - LAMB MEATBALLS IN A ROASTED VINE TOMATO SAUCE** 5.95 / 10.95
served with couscous and crumbled feta
 - CREAMY MUSHROOM AND BLUE CHEESE BRUSCHETTA** 5.50 / 10.95

MAIN COURSES

- PAN-FRIED HAKE** 13.95
with café de Paris butter, sweet potato and chickpea cake, spiced onion fritter and tomato and onion salsa
- SWANNINGTON FARM-TO-FORK PORK SAUSAGES AND MASH** 10.50
with rich onion gravy, roasted root vegetables and Savoy cabbage
Also available with vegetarian sausages
- HOMEMADE CHICKPEA BURGER** 10.50
topped with cheddar cheese in a sesame bun with salad, mango mayonnaise, tomato and thyme relish and fries
- LOCAL VENISON WITH BUTTON ONIONS AND OYSTER MUSHROOMS IN A RICH RED WINE GRAVY** 13.50
topped with puff pastry and served with curried kale and horseradish mash
- MEDALLIONS OF BLYTHBURGH PORK** 13.75
with wholegrain mustard mash, cider jus and Tendersstem broccoli
- CLASSIC HOMEMADE UNTHANK BURGER** 11.95
topped with Cheddar or blue cheese in a sesame bun with mayonnaise, chilli jam and fries
Add char-grilled smoked back bacon 1.50
- CAULIFLOWER, SPINACH, POTATO AND TOMATO CURRY** 10.50
with rice, dahi, raita and bhajis
- MUSHROOM, BEETROOT AND GOAT'S CHEESE PITHIVER** 12.50
served with mixed leaves and balsamic dressing
- ROASTED BUTTERNUT SQUASH, ROASTED SALSIFY AND QUINOA SALAD** 9.95
with mixed leaves and balsamic dressing
- PAN FRIED PHEASANT** 14.50
with fondant potato, roasted celeriac purée and rich game gravy and buttered greens
- CATCH OF THE DAY IN ADMANS' BATTER** 10.95
with handcut chips, homemade tartar sauce and minted mushy peas
- FLAT-IRON STEAK** 19.50
served medium-rare with a garlic flat mushroom, roasted tomato, salad and fries

SIMPLY DELICIOUS

- ROAST CHICKEN AND STUFFING SANDWICH** 6.95
on multiseed bread with cranberry sauce, mayonnaise and Little Gem served with fries
- TOASTED APPLEWOOD CHEDDAR AND ROAST FIG CHUTNEY SANDWICH** 6.95
on multiseed bread served with fries
- COTTAGE PIE** 8.75
topped with cheesy mash served with roast roots and sautéed greens
- PAN-FRIED LAMBS' LIVER** 8.95
served with smoked streaky bacon, bubble and squeak and rich pan gravy
- CREAMY MUSHROOM LINGUINI** 8.95

EXTRAS

- HANDCUT CHIPS** 3.75
- SKINNY FRIES** 3.25
- SWEET POTATO FRIES** 4.25
- CHIPS WITH MELTED CHEESE** 4.50
- MIXED SALAD** 3.50
dressed with lemon juice and olive oil
- BUTTERED KALE** 3.50
- BUBBLE AND SQUEAK** 3.50
- SWEET POTATO & CHICKPEA CAKES** 4.50
- LEEK, PEA AND MUSHROOM FRICASSEE** 4.25
- GREEN BEANS** 4.50
in a warm sun blushed tomato, wholegrain mustard and basil dressing
- ONION RINGS** 2.75
- ONION BHAJI AND RAITA** 2.75
- GARLIC CIABATTA BREAD** 3.95
- VEGETABLE SELECTION** 3.50

HOT DRINKS

- ESPRESSO** 1.75
 - AMERICANO** 2.00
 - DOUBLE ESPRESSO** 2.20
 - LATTE** 2.40
 - CAPPUCINO** 2.40
 - COFFEE & CREAM** 2.50
 - MOCHA** 2.50
 - POT OF TEA** 2.00
 - PEPPERMINT TEA** 2.00
 - HOT CHOCOLATE** 2.50
- All coffees also available as decaf.

PUDDINGS

- TRIPLE CHOCOLATE BROWNIE** 5.50
served with vanilla ice cream
- CHOCOLATE AND CROISSANT BREAD AND BUTTER PUDDING** 5.75
served with custard
- TOFFEE CHEESECAKE** 5.95
with salted popcorn and toasted marshmallows
- APPLE AND BLACKBERRY CRUMBLE** 5.50
served with custard
- BANANA PANNACOTTA** 5.95
with chunky ginger ice cream and caramel water biscuit
- CARIBBEAN SPICED PINEAPPLE** 5.75
with vanilla ice cream and toasted coconut
- THREE SCOOPS OF ICE CREAM** 4.50
choose from white chocolate, dark chocolate, vanilla, fudge & raisin, salted caramel or strawberry ice cream and lemon, mango or blackcurrant sorbet
- CONTINENTAL AND LOCAL CHEESE SELECTION** 6.95
served with celery, crackers, chutneys and relishes

THE UNTHANK ARMS LUNCH CLUB

Collect 5 stamps and lunch is on us the next time you visit!
Speak to your waiter/waitress for more information



- APEROL SPRITZ** 5.95
Prosecco, Aperol, soda and orange
- UNTHANK LEMONADE** 5.50 / 15.00 (Pitcher)
vodka, Triple Sec, lemonade and cucumber

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